

Week 1

	<u>Freshly made Soups</u>	<u>Vegetarian Option</u>	<u>Main Courses</u>	<u>Side Orders</u>	<u>Deserts Available Daily</u>
<u>Monday</u>	Vegetable	Savoury Pasta (tomato based sauce)	Chicken Curry Cottage pie	Rice, pasta, oven roast potatoes, side salad and vegetables	Fresh fruit salad Melon Wedges Flake meal biscuits
<u>Tuesday</u>	Tomato	Vegetable curry and rice	Spaghetti bolognaise Roast Turkey	Mashed potatoes or mixed salad Pureed turnip & carrot	Yoghurts Fresh fruits
<u>Wednesday</u>	Lentil & Carrot	Cheese and tomato pizza	Sweet and sour chicken Fish pie with potato toppings Hot dogs	Rice, pasta Boiled potato Garden peas	Banana bread Bran muffins Fruit based puddings
<u>Thursday</u>	Vegetable	Baked potato with quorn chilli	Chicken stir fry Lasagne	Rice, noodles or mixed salad Baked potato Sweet corn	Apple/rhubarb crumble Syrup sponge Bread and butter pudding Custard
<u>Friday</u>	Chicken noodle	Vegetarian burger with tomato relish	Battered whiting Irish stew Homemade burgers	Rice, chipped potatoes or tossed salad Mixed vegetables Baked potatoes	

** Baked beans available daily

Week 2

	<u>Freshly made Soups</u>	<u>Vegetarian Option</u>	<u>Main Courses</u>	<u>Side Orders</u>	<u>Deserts Available Daily</u>
<u>Monday</u>	Vegetable	Vegetarian pizza	Chicken curry Mince and vegetable pie	Rice, boiled and baked Potato Broccoli	Fresh fruit salad Melon wedges Flake meal biscuits Cheese and crackers Fresh fruits Yoghurts Bran muffins Fruit based desserts Egg sponge and custard Rice pudding and fruit
<u>Tuesday</u>	Leek and Potato	Macaroni cheese	Sweet chilli mince Chicken crumble	Rice, mixed salad and baked potato	
<u>Wednesday</u>	Carrot and Coriander	Cheese and tomato pizza	Peppered beef Baked ham and pineapple Sausage layannaise	Rice, oven roast or mashed potato Garden peas	
<u>Thursday</u>	Chicken	Mushroom vol au vent	Roast beef and stuffing Sweet and sour pork	Rice, mashed potato, Mixed salad Carrots/green beans	
<u>Friday</u>	Vegetable	Baked potato with filling - beans, tuna and onion, chilli	Battered whiting Shepherds pie	Pasta, mixed salad, chipped potatoes Stir fry	

** Baked beans available daily

